



## WHAT TO BRING TO LEAD

(Please note that all personal items are brought at your own risk.)

- A positive attitude and a sense of humor!
- Sleeping Bag or blanket(s) and sheets (dorms are heated) and a pillow. Camp beds have twin mattresses only.
- Toiletries and other personal hygiene items – toothbrush, toothpaste, soap, shampoo, etc.
- Prescription medication(s) – must be listed on your Application
- Bath and hand towels.
- Walking shoes, tennis shoes, or hiking boots only. Sandals or open toed shoes are not allowed.
- Dress is casual – jeans, tee shirts and sweat shirts. Shorts are acceptable, but may not be desired if the weather turns cold (30° at night is possible). Long pants are necessary. Don't forget extra underwear and socks.
- Jacket, gloves, and other warm clothes – there is a possibility that it will rain and a remote possibility that it will snow so be prepared with warm clothes.
- Lightweight flashlight – remember fresh batteries.
- Camera.
- Travel alarm clock.
- Phones may only be used at designated “free” time or used as a camera, if NOT disruptive to the activity. If they are used at any other time, they will be confiscated and returned when appropriate for use. Note: There is no wi-fi access for Delegates and phone reception is “spotty” at best. In an emergency, a Rotarian will help a Delegate make a phone call using the camp landline phone.